



© National Gallery of Ireland
Catherine Amelia O'Brien, artist

Listening for God in our Lives

A Lenten five-session series to deepen your faith with

- ❖ **Lectio Divina** – an ancient way of listening for God’s inspiration in scripture, and
- ❖ **Companioned Prayer™** a way to experience the tender love of Jesus in our hearts.

This Lenten season you are invited to pause and notice the quiet grace-filled presence of God in your life. It is something easily missed in our busyness. Come and discover being quietly nourished by Christ’s grace and blessings within you. Discover how this may enliven your living faith, growing in His love.

For each session, select either evening or morning

Monday evenings

7:00 – 8:45 PM

- #1 March 10 -- or --
- #2 March 17 -- or --
- #3 March 24 -- or --
- #4 March 31 -- or --
- #5 April 7 -- or --

Wednesday mornings

10:00 – 11:45 AM

- #1 March 12
- #2 March 19
- #3 March 26
- #4 April 2
- #5 April 9

All in the Church Chapel

Sign up at the table in the vestibule

For questions, email Michelle Hendricks at
CompanionedPrayer@FolsomCatholic.org

*Offered by the Companioned Prayer Ministry of St. John the Baptist Catholic Church
307 Montrose Dr, Folsom, CA 95630, Fr. Giovanni Gamas, Pastor (916) 985-2065*