



Why We Should Go to Adoration ?

From the Saints

- "My aim is to institute perpetual adoration, for this is the most important activity". – St. Maximilian Kolbe
- "Eucharistic Adoration is the greatest power in the universe, capable of transforming us and changing the face of the world." – St. Maximilian Kolbe
- "Every Holy Hour we make so pleases the Heart of Jesus that it is recorded in Heaven and retold for all eternity!" – St. Mother Teresa of Calcutta
- "Look upon the hour of adoration assigned to you as an hour in paradise. Go to your adoration as one would to heaven, to the divine banquet. You will then long for that hour and hail it with joy. Take delight in fostering a longing for it in your heart. Tell yourself, "In four hours, in two hours, in one hour, our Lord will give me an audience of grace and love. He has invited me; he is waiting for me; he is longing for me." – St. Peter Julian Eymard
- "A thousand years of enjoying human glory is not worth even an hour spent in sweetly communing with Jesus in the Blessed Sacrament." – St. Padre Pio
- "A Holy Hour in front of the Blessed Sacrament is worth more than a thousand years of human glory." (St. Padre Pio)
- "Do you realize that Jesus is there in the Blessed Sacrament expressly for you, for you alone? He burns with the desire to come into your heart!" - St. Therese of Lisieux
- "I ask everyone to intensify in ... love and devotion to the Eucharistic Jesus." - Pope Benedict XVI
- "There is no doubt that a flood of graces will descend upon your family and the world if more souls would become docile pupils of adoration." - St. Pope John XXIII
- "The daily adoration or visit to the Blessed Sacrament is the practice which is the fountainhead of all devotional works." - St. Pope Pius X
- "The future belongs to those who worship God in silence." - St. John Paul II
- "In order to convert America and save the World what we need is for every parish to come before Jesus in the Blessed Sacrament in Holy Hours of prayer." - St. Teresa of Calcutta
- "Do you want the Lord to give you many graces? Visit Him often. Do you want Him to give you few graces? Visit Him rarely. Do you want the devil to attack you? Visit Jesus rarely in the Blessed Sacrament. Do you want him to flee from you? Visit Jesus often!" - St. John Bosco