



# ST. JOHN THE BAPTIST

*Catholic Church*

**MAY 24, 2020**



## THE ASCENSION OF THE LORD



"All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit." - Mt 28:18b-19

## Sacraments

### Masses

All are currently canceled until further notice.

### Reconciliation / Confession

Saturday 3 - 4:30 pm

### All Other Sacraments

Please call the office for information.

## Clergy

Fr. Renier Siva

**Pastor**

Fr. Cleetus Karakkat

**Parochial Vicar**

William Goeke

Jim McFadden

**Deacons**

Fr. Ignatius Haran

**Pastor Emeritus**

## Parish Office

The office is closed for in-person visits and meetings until further notice. Please call and leave a message.

307 Montrose Drive, Folsom

Phone: 916-985-2065

Website:

FolsomCatholic.org

Social Media:

@FolsomCatholic

## Bulletin

FolsomCatholic.org/bulletin

Bulletin Date	Ad Due by 5 pm
May 31	May 20
June 7	May 28
June 14	June 4

# Welcome to

## St. John the Baptist Catholic Church

We are a community where we welcome all as members of the Body of Christ.

We are welcoming, faithful, passionate, joyful, authentic, sacramental, loving and charitable.

## Today's Readings

Acts 1:1-11 / Ps 47:2-3, 6-7, 8-9 [6] / Eph 1:17-23 / Mt 28:16-20

*"The eleven disciples went to Galilee, to the mountain to which Jesus had ordered them. When they saw him, they worshiped, but they doubted. Then Jesus approached and said to them, "All power in heaven and on earth has been given to me. "*  
(Mt 28:16-18)

## Gospel Meditation

A pair of ducks found their way to the same little corner of the property year after year. Sheltered by a little grove of trees, they quickly made their preparations to build a nest, lay eggs, and welcome in a new family. Then one year, only one of the ducks came to that little corner.

She went about the business of building a nest, but this time, she was clearly unsettled. She would wander around, sometimes seemingly without purpose, almost hoping perhaps that her mate might come along. But, she remained alone. There were many times when we could hear her "crying", mourning her loneliness and lack of purpose, sitting on a batch of eggs that would never hatch. One day, she quietly left that little corner never to return again.

Many human beings approach life this way. We silently grieve our loneliness, lack of direction, and sense of purpose. Maybe life once had meaning for us, but nothing seems to claim us and settle our restlessness any longer. We wander around looking and hoping for someone or something to come our way. We may even sob at times, wailing as we sit with the misery of our pain. Will happiness ever come our way again? Or will we simply leave where we are never to return again? Many are lost, wandering souls who are not quite sure where to settle or where to make a home.

We are meant to be in Christ. This glorious feast of the Ascension shows us, with clear vision, who Jesus really is! Understanding ourselves in Christ really changes things up and reorients us to our greater purpose, mission, and meaning. We are part of the cosmic wonder of creation and part of a bigger plan and mystery, destined to be much more than what we now know ourselves to be. Could Jesus' friends know who he would become? If we can find the Christ present within and see the Christ bursting forth in all creation and beyond, then we can come to know our truth and understand where our home and life is meant to be.

Advancing upon the blessing of each new day with the certain knowledge that you are an unconditionally loved child of God gives you the axis and the safe harbor to cope with whatever comes your way. The gift of joy will be yours, and you can discover your true meaning and purpose. Look within, look without, look above, and look below. You are not alone. Trust that God will lead you where you need to be and transform you into who you really are.

## Scripture Reflections

### First Reading

The story of the Church as recorded in the Acts of the Apostles begins with Jesus' final instructions and the Apostles' witness of his ascension into heaven. What role does the ascension of Jesus play in your understanding of "Church?"

### Second Reading

Paul speaks of the unity of the church using the metaphor of the "body" of Christ. Where do you see the Church most united today?

### Gospel Reading

Prior to his ascension, Jesus' promise to the disciples was his abiding presence "until the end of the age." When do you experience Jesus most present to you?



At St. John the Baptist Parish,  
we welcome all  
as members of  
the Body of Christ.

### Religious Education for 2020-21

Contact: Director of Religious Education  
Shannon Langer, 916-985-7338

Registration for Religious Education for 2020-21 has begun! You can find the registration parent letter, registration form, and calendar on the parish website. Please go to [folsomcatholic.org/re](http://folsomcatholic.org/re) and check the Documents section. Registration can be mailed to the parish office care of "Shannon Langer". If you have questions, please contact Shannon

### Check Our Parish Website For Updates [folsomcatholic.org](http://folsomcatholic.org)

Please check our website for any updates regarding the status here in our parish. You will also find links to the Diocese latest updates regarding the Sacraments and services. There are links to an Adoration video, a list of parishes live streaming Daily and Sunday Masses as well as a link to resources available for spiritual growth. Links to the Prayer for a Spiritual Communion as well as guidance to a Perfect of Contrition are also available there.

Bulletins are also posted. Just click on the word "Bulletin" located near the top of our Home page. A limited number of printed copies are also available in the vestibule.

### Inspiration of the Week

Today marks a special day in the Church as Christ establishes the Church's mission and purpose and calls his disciples, then and now, to the work of accomplishing that mission. And what ultimately is that mission and purpose? To bring all things together in Christ. All that ever was, is, or shall be and all times and seasons find their fulfillment in Christ. To be in Christ is the goal of all creation. All of this begins with baptism and the realization that Christ is present with us, risen and glorified, always. If we approach Christ's fullness with faith, then the eyes of our hearts can be enlightened, and we can begin to see the greater truth of who we are and what creation is meant to be. Christ is really and truly far above all things and the beginning and end of all things. Understanding ourselves in this way really changes up the meaning of life.

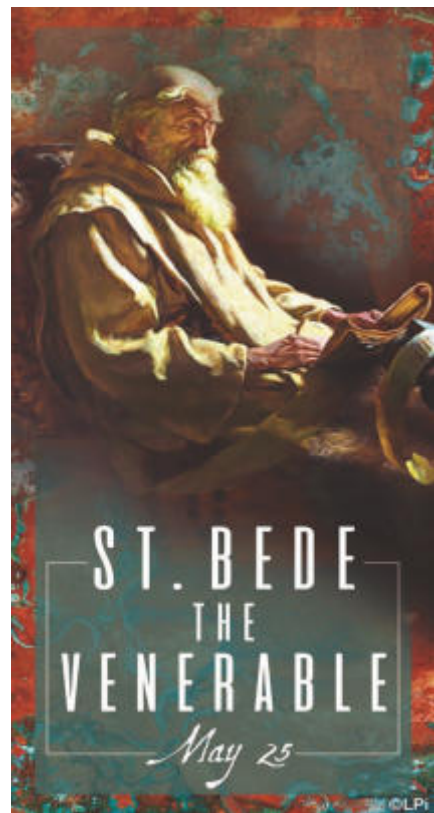
### Respect Life Ministry

Walking with Moms in Need  
USCCB  
[walkingwithmoms.com](http://walkingwithmoms.com)

Sign up for monthly prayers and information. Pregnant and parenting moms in need are in our parishes and our neighborhoods. As Pope Francis reminds us, our parishes need to be "islands of mercy in the midst of a sea of indifference." Everyone in the parish community should know where to refer a pregnant woman in need.

- Alternatives Pregnancy Center  
916-880-4040, [pgtest.org](http://pgtest.org)
- Sacramento Valley Pregnancy Clinic  
916-451-2273, [svpclinic.com](http://svpclinic.com)
- Rachel's Vineyard Post Abortion Healing  
916-733-0161, [rachelvineyard.org](http://rachelvineyard.org)

Consider supporting our local pregnancy clinics whenever possible.



*"Unfurl the sails, and  
let God steer us where  
He will."*

# P R A Y E R



At St. John the Baptist Parish, time in conversation with our Lord is at the center of our lives.

## Mass Intentions

Scheduled prayer intentions will be offered by the priests of the parish during their private mass.

### Sunday, May 24th

7:30 am John Drozda  
9:00 am Robert Panatian  
11:30 am People of the Parish  
6:00 pm Manuel Ferreira†

### Monday, May 25th

6:30 am Marcelo Austria†  
8:15 am Anthony Hao Doan†

### Tuesday, May 26th

6:30 am Jo Valentine†  
8:15 am David Pelagio

### Wednesday, May 27th

6:30 am Janet Montemayor (healing)  
8:15 am Onofrio Otello†

### Thursday, May 28th

6:30 am For Our Fallen Military  
8:15 am All those suffering from COVID-19

### Friday, May 29th

6:30 am Richard Rutledge†  
8:15 am Joel Palamos†

### Saturday, May 30th

8:15 am For the Elderly in Nursing Homes  
5:00 pm Helen Donahue†

## Observances

### We Celebrate This Week

**Mon:** St. Bede the Venerable,  
St. Gregory VII, Memorial Day  
St. Mary Magdalene de' Pazzi

**Tue:** St. Philip Neri

**Wed:** St. Augustine of Canterbury

**Fri:** St. Paul VI

### May is dedicated to: The Blessed Virgin Mary

### Pope Francis' Monthly Intention for May For Deacons

We pray that deacons, faithful in their service to the Word and the poor, may be an invigorating symbol for the entire Church.

## Intercessory Prayers

### Prayers for the Sick

We pray for our sick parishioners, family and friends, and those in need of healing of the body and soul.

Alice Sulik	Karen Clouser
Ada Watson	Larry Armour
Carmencita Ortiz	Leo Galang
Cher Juliet	Liam Ocampo
Daniella Alvarez-Limon	Lorraine Mayrand
Bob Taylor	Matthew Khuu
Bonnie Spencer	Max Castro
Carman Hogan	Mike Venturini
Don Hendrickson	Natalie S. Marhauer
Fr. David Shaw	Pam Morin
Frederick Nidoy	Pat Koelfgen
Gilbert Mendivil	Paulita Narcisco
Gordon Ferriss	Romy Cypher-Strauch
Gloria Mendivil	Sabrina Nunes
Herbert Kohagura	Sean Roth
Hunt Linn	Susan Wong
Jared Ellerson	Thoa Gilpin
Jason Nhan	Tony Zuniga
Jim Esfner	Vista Costa
Joann Pasterski	Walter Cwynar
Joey Durse	Vickie Lustan
Judy Wilkins	

### Prayers for Our Troops

We pray for our military personnel abroad and at home, and for their families.

Michael Dalupan  
Nicole Kuntz-Harding

### Prayers for the Recently Deceased

We pray for the souls of all who have died, our family members, friends, and parishioners. May they rest in peace.

Andrew Kurimay	Lisa Hueffed
Ann McLaughlin	Magdalena Malixi
Anne Pachote	Majida Haque
Beverly Verdugo	Mary Brisbin
Bob Matranga	Mary Grimes
Delia Yambao	Mary Theis
Diane Pallari	MaryJo Barrett
Doris McKeon	Mary Jane McMahon
Duke McCully	Nicolas Gomez
Erlinda Estepa	Patrick Pallari
Francisco Tiffer	Pedro Oquendo
Frank Brugger	Quy Pham
Guerrino Zanet	Rhyss Undajon-Haskell
Irma Henriquez	Sanh Nguyen
Isabel Vilorio	Sr. Bridget Mary
Jesus Gaytán	Flynn, RSM
John Drumm Sr.	Sr. Kathleen Kinane
Joseph Dickenson	Sr. Mercedes Braga, SHF
Julian Ocampo	Teresita Ochoa
Karen Clouser	Theresa Gonzalez
Karen Maez	William McCain
Liberato Mariano Jr.	





### The Adoration Chapel

The Adoration Chapel is closed until further notice  
Adoration has been moved to the Church

A link to an Adoration Video (50mins) is located at the top of our website.  
Click on the box labeled "Adoration Video" and a YouTube video will pop up  
to play the video.

Another Adoration Video (30mins) is also posted and pinned on our Facebook page.

A Facebook account is not necessary to view.

Once on our Facebook page click on the Monstrance picture to start the video.

[www.facebook.com/FolsomCatholic](http://www.facebook.com/FolsomCatholic)

### Live Stream Mass

[scd.org/coronavirus/livestream-mass](http://scd.org/coronavirus/livestream-mass)

Please visit the Diocesan page. It lists  
Parishes which are currently live  
streaming Sunday and Daily Masses.

### Church Hours

#### Monday - Friday

The church will remain open for those  
who would like to pray before the  
Blessed Sacrament from 8am-4:30pm.

#### Saturday - Sunday

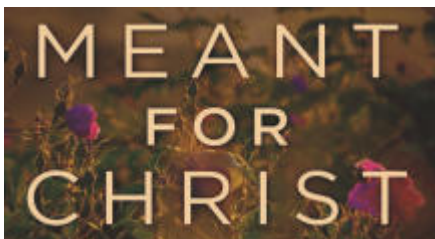
On the weekends, the church will be open  
from 7am-6pm.

**Please keep in mind your  
minimum 6ft "social distancing"**

### Confession

**Saturdays: 3 - 4:30 pm**

Please note confessions at this time will  
still be offered but not in the confessional.  
We will be doing a face to face format in a  
larger setting in order to maintain the  
recommended minimum 6ft "social  
distancing."



### Pope Francis' Prayer and Blessing for Spiritual Communion

*At thy feet O my Jesus,*

*I prostrate myself and offer thee  
repentance of my contrite heart,  
which is humbled in its nothingness and  
in thy holy presence.*

*I adore thee in thy sacrament of love.  
I decide to receive thee into the poor  
dwelling that my heart offers thee.*

*While waiting for the happiness of  
sacramental Communion,  
I wish to possess thee in spirit.  
Come to me, O my Jesus,  
since I for my part, I am coming to thee.*

*May thy love embrace my whole being  
in life and in death.*

*I believe in thee,  
I hope in thee,  
I love thee.*

*Amen.*



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## Spiritual Communion

*The second article in the "Living through the Crisis" series of reflections from Father Federico Lombardi. The emergency situation we are experiencing, and the strain of living without the Eucharist, leads us to rediscover "spiritual Communion".*

When those of us who are now old were children, during catechism we were often told about "spiritual communion". They told us that we could unite ourselves spiritually to Jesus who offers Himself upon the altar, even if we were not able to make a sacramental communion by receiving physically the consecrated Host.

"Spiritual communion" was a religious practice that aimed at making us feel continuously united to Jesus, not only when we received Communion during Mass, but also at other times and places. It was not an alternative to sacramental Communion, but in a certain sense continued and prepared for it, for example during visits to the Blessed Sacrament or at other times of prayer.

But after a certain point in time, we heard practically nothing more about it – for decades. The emphasis on participation at Mass by receiving Communion, which is certainly good in itself, had led to other traditional dimensions of Christian devotion being overshadowed.

I began to think again, more intensely, about "spiritual Communion" on one exceptional occasion. During World Youth Day in Madrid in 2011, a sudden storm during the night destroyed most of the tents where the unconsecrated hosts were being prepared in anticipation of the more than two million young people expected for the final Mass. And so, at the main Mass celebrated by the Pope, only a very few of the young people were able to receive sacramental Communion, precisely because there were so few Hosts.

Many people were upset, at least at first. It seemed to some as if World Youth Day had failed, because something essential was missing from the culminating religious moment of the event. It took a lot of time and energy to help people understand that, although the physical act of receiving the Sacred Host is exceptionally important, it is not the only, indispensable manner of being united with Jesus and His Body, the Church.

Now, during his morning Mass at Santa Marta, Pope Francis encourages the faithful who pray with him, without being physically present, to make a "spiritual Communion". He does so by proposing one of the traditional formulas that for a long time had been taught by the good spiritual masters of the Christian people: formulas that were familiar to many of our mothers and grandmothers, those who got up early in the morning, sometimes every day, to go to Mass – but who also knew how to remain in union with God, in their own way, in the midst of their daily occupations.

Among the memories from the time of my catechism, I am reminded of a holy card with a little picture of a priest raising the consecrated Host in his hands. Around the image, like the hours on a clock, there were the morning hours of different countries and continents where priests would be celebrating Mass. (At the time, Mass was only celebrated in the morning!) It was meant to remind us that the Sacrifice of Jesus, Who died for us, was being continually renewed around the world, and that we could always unite ourselves spiritually with Him and His oblation.

"Spiritual Communion", when one cannot receive sacramental Communion, can also be called "Communion of desire": desiring that one's own life be united to Jesus, and especially to His Sacrifice for us upon the Cross.

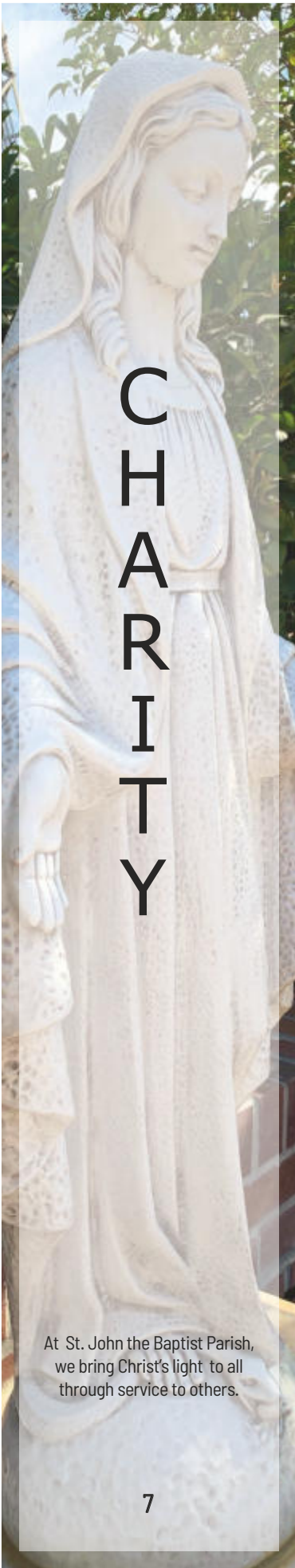
In this prolonged time of Eucharistic fasting that is forced upon us, many people who are accustomed to frequent sacramental Communion are increasingly feeling the lack of the "daily Bread" of the Eucharist. In a truly exceptional way, it has been the Church herself who accepted the burden of imposing this fast on the faithful, as a sign of solidarity and participation in the concerns of entire populations forced into restrictions, privations, and suffering because of the pandemic.

Fasting is a deprivation, but it can also be a time of growth. Just as the love of spouses who have long been distant from each other on account of force majeure can lead to growth in fidelity and purity, so too Eucharistic fasting can become a time of growth: growth in faith, growth in desire for the gift of sacramental Communion, growth in solidarity with those who for whatever reason cannot benefit from it, growth in freedom from habits of carelessness in receiving... To come to understand anew that the Eucharist is a gratuitous and surprising gift of the Lord Jesus, neither trivial nor banal... to desire it with all one's heart... continually... Can this also be a consequence of these disturbing times?

[vaticannews.va/en/vatican-city/news/2020-04/spiritual-communion.html](http://vaticannews.va/en/vatican-city/news/2020-04/spiritual-communion.html)

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At St. John the Baptist Parish,  
we foster a  
commitment to lifelong  
spiritual growth.



## Food Collection

Please help our community by donating canned and non-perishable goods to our food collection. Donations will be distributed locally. All who are able are encouraged to contribute what they can to this collection. Canned goods of all kinds (meats, veggies, fruits, soups, chili), boxed pastas, rice, and cereal will be appreciated.

Please do not endanger yourself by making extra trips to the stores to secure your donations. Just add a few extra items to your cart when you normally shop and then drop off the items. A barrel or cart will be in the vestibule during open hours of the church for collecting your donations.

## We Are Family

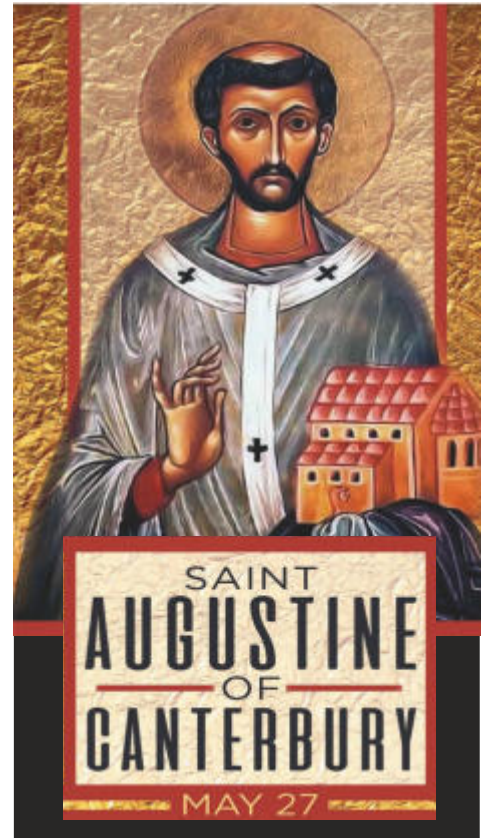
I am looking forward to an empty nest. It isn't that I do not love my children or that I will not miss them. I am simply looking forward to catching up on life. I look forward to times when there is no one else there except for my wife. It will be a time to ourselves that I hope will be time well spent. I look forward to the days when my children will visit (with grandchildren, I hope!). There will be occasions we visit them as well (to see grandchildren, I hope!). The truth is, even though we will not be living in the same house, we will never be too far from one another. We belong to each other no matter what.

That is how it is with family. When we become disciples of Jesus Christ, we belong to him. We are family. Our greatest gift to give is our very selves to one another. Jesus gave all of himself to us. Even though he ascended to his Heavenly Father, he remains with us in love and grace, especially in the Holy Eucharist. He has shown us how to love and how to be family. Even when we cannot see him, Jesus remains with us. Hopefully, we can follow in that example and give of ourselves fully and be there for those we love whenever they need us, especially if they need us to watch the grandchildren. (It is a ways away, but I want to plant the seeds now!)

-Tracy Earl Welliver, MTS

## Thank You for Your Continued Support

Please remember although the services are put on hold for the time being, parish operations continue; bills are to be paid, staff need to be given their salaries, facilities' maintenance are needed. Use online giving or your weekly envelopes can be mailed to the parish office.



*Augustine of Canterbury comes across today as a very human saint, one who could suffer like many of us from a failure of nerve. For example, his first venture to England ended in a big U-turn back to Rome. He made mistakes and met failure in his peacemaking attempts with the Briton Christians. He often wrote to Rome for decisions on matters he could have decided on his own had he been more self-assured. He even received mild warnings against pride from Pope Gregory, who cautioned him to "fear lest, amidst the wonders that are done, the weak mind be puffed up by self-esteem." Augustine's perseverance amidst obstacles and only partial success teaches today's apostles and pioneers to struggle on despite frustrations and be satisfied with gradual advances.*

*franciscanmedia.org*

## Sharing the Gospel

Before Jesus went back to heaven, he gave his friends a very special job - to share the good news! Jesus came so that the whole world could be saved, and Jesus did not want anyone to be left out. Now it's your turn to tell your friends about Jesus, so they can go to heaven, too.

## Mission for the Week

Invite a friend over to play. Ask your friend if she'd like to come to church with you.

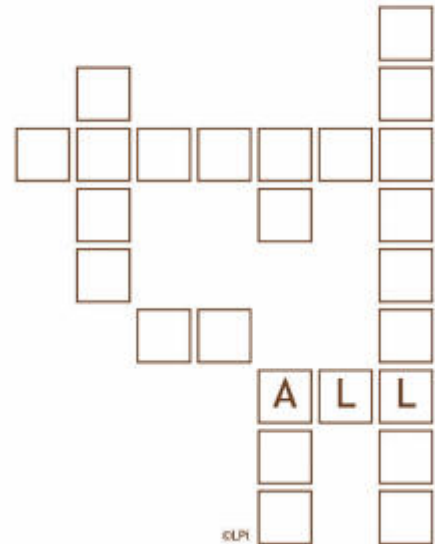
## Prayer

Jesus, show me how to tell my friends about you.

## Puzzle

Fit this Gospel message into the empty squares:

**Go and make disciples of all nations.**



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## Read the Gospel and Color



"Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these."



Our parish is enriched with many ministries, please consider learning about and engaging in one or more of our ministries. Call the contact listed or see a Minister of Hospitality after Mass.

## Welcoming Ministries

### Communications Ministry

Loreen McMahon, 916-933-1330

### Ministers of Hospitality

Shannon Bleeker, 916-200-8059

### New Parishioner Welcoming Ministry

Lori Hopper, 916-337-0139

### Ushers

Stanley Posis, 916-705-9192

## Prayer Ministries

### Companioned Prayer

Bill Stobbe, 916-505-3800

### Divine Mercy Devotion/Cenacle

Pat Koelfgen, 916-989-2915

-*Chaplet/Rosary/Morning Prayer*

-*Divine Mercy Chaplet/Mass*

-*Cenacle* - Zoëanne Tafolla, 707-333-7359

-*Cenacle-Spanish* - Ana Haid, 916-956-1177

### Eucharistic Adoration

Veronica Thomas, thomas\_vera@yahoo.com

*Perpetual Adoration*—1st Fri 9am - Sat 4pm

### Marian Cenacle (Marian Movement of Priests Cenacle)

-*English* – 1st Saturday of the month

Sally Gomez, 916-693-2411

-*Spanish* – 2nd Wednesday of the month

Ana Haid, 916-956-1177

### Our Lady of Fatima

Henry Altamirano, 925 - 899-7769

## Spiritual Growth Ministries

### Adult Scripture Study

Lee & Teresa Weider, 916-983-8065

### Couples for Christ

Myrah Empleo, 661-993-4721

### Praise & Worship

Sheila Fitzpatrick, 925-437-0798

### Religious Education

Shannon Langer, 916-985-7338

### Rite of Christian Initiation for Adults (RCIA)

Debbie Duncan, 916-798-0201

### Theology on Tap

Aaron Santos, 916-985-2065

### WINGS (Women in Growth Spiritually)

Sue Collins, 916-337-6237

### Youth/Young Adults Ministries

Aaron Santos, asantos@folsomcatholic.org

## Parish Committees/Councils

### Finance Council

Elizabeth Beigh, 916-730-1291

### Liturgy Committee

Barbara Bowden, 916-984-9476

### Pastoral Council

## Outreach/Charity Ministries

### Bereavement Hospitality/Receptions

Nina Pucci, 916-947-6386

### Catholics for Life

Kathy Baxter, 916-337-6824

### Gabriel Project

Helen Boyd, 916-367-8071

### Grace Quilters Ministry

Catherine Scott, 831-402-4681

### Grupo Pastoral Hispano

Anna Haid, 916-956-1177

### Knights of Columbus

Dick Phelan, 916-221-0596

### Pastoral Care Ministry

Dan Dunne, 916-817-1675; Sunday

Candice Ralston, 916-806-8090; Tuesday

### Prayer Shawl Ministry

Catherine Scott, 831-402-4681

### Prison/Restorative Justice Ministry

-Folsom Prison - Fr. H. Gomez, 916-985-2561 x 4206

-CSP Sacramento - Greg Mellor,  
Catholic Chaplain, 916-985-8610 x6425

### School Ministry (St. John Notre Dame)

Keith Martin, Principal, 916-985-4129

### Senior Visitation

Charlene Agles, 916-984-9602

### St. Vincent de Paul (Helping Hands)

John Knight, 916-985-4630

## Liturgical Ministries

### Altar Servers

Hugo Schmidt, 916-817-4541

### Children's Liturgy during Mass

Shannon Langer, 916-985-7338

### Extraord. Ministers of Holy Communion

Steve & Maryanne Ashley, 916-479-2214

### Lectors

Patti Midtlyng, 916-837-8322

### Liturgical Environment

Arlette Peterson, 916-220-5968

**Music** - See choir director after Mass.

## Additional Ministries

### Children's Babysitting at Mass

Georgia Oatmeyer, 916-201-3193

### Family Fellowship

Carol Stephenson, 916-952-6744

### Gift Shop

Connie Aley, 916-984-9284

### Women's Game Day

Roberta Puzio, 916-933-2561

Please send ministry updates and corrections to  
Loreen McMahon, mcmahon510@comcast.net.

# MINISTRIES

"Here am I, Lord;  
I come to do your will."

## Honoring All Who Have Served

"No one has greater love than this, to lay down one's life for one's friends." Christians are no strangers to sacrifice. Jesus lays down his life for our redemption, martyrs remain faithful to the end, and every believer faces "deaths" in the spiritual life when love requires a re-ordering of preference and priority.

On Memorial Day, we honor those who laid down their lives for their nation and for the values we espouse - freedom, justice, and a better world for our children. In a day that often fills with barbeques and boat launches, remember to take some time in prayer! Intercede for those who have died and for the loved ones they left behind, and pray for peace on earth.

*God our creator and sustainer,  
today our country brings to our memory  
those who have defended this nation in times of trouble.*

*They have sacrificed their lives to protect our shores  
from those who would limit our freedoms  
or enslave us to ways that are against your will.  
Bring all those who have died in service to our country  
into your heavenly presence.*

*We humbly call down your blessing on those still serving;  
grant your heavenly protection to these men and women,  
and open your Sacred Heart to give them peace and comfort.*

*In the name of the Father, and of the Son, and of the Holy Spirit.*

*Amen*



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**St. Mary Cemetery & Funeral Center** FD2263

**Calvary Cemetery & Funeral Center** FD2262

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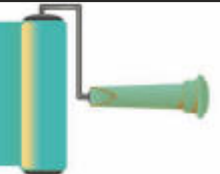
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