



# ST. JOHN THE BAPTIST

## *Catholic Church*

### MAY 30, 2021



## THE MOST HOLY TRINITY



Then Jesus approached and said to them, "All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit." - Mt 28:18-19

## Sacraments

### Masses

Mass is currently celebrated in the church. 6ft social distancing and a mask is required and must be worn at all times. Please sign in for contact tracing purposes.

### Weekend Mass Times

Sat: 5:00pm (Sunday Vigil)

Sun: 7:30am, 9:00am,  
11:30am & 6:00pm

### Daily Mass Times

Mon-Fri: 8:15am

### Reconciliation / Confession

Saturday 3 - 4:30 pm  
& by appointment

### All Other Sacraments

Please call the office for information.

## Clergy

Fr. Renier Siva  
Pastor

Fr. Cleetus Karakkat  
Parochial Vicar

William Goeke  
Jim McFadden  
Deacons

Fr. Ignatius Haran  
Pastor Emeritus

## Parish Office

Mon.- Fri. 8:30 am- 4:30 pm  
307 Montrose Drive, Folsom  
Phone: 916-985-2065

### Website:

FolsomCatholic.org

### Social Media:

@FolsomCatholic

## Bulletin

FolsomCatholic.org/bulletin

**Bulletin Date**   **Ads Due by 5pm**

June 6                      May 25

June 13                     June 3

June 20                    June 10

# Welcome to

## St. John the Baptist Catholic Church

We are a community where we welcome all as members of the Body of Christ.

We are welcoming, faithful, passionate, joyful, authentic,  
sacramental, loving and charitable.

### Today's Readings

Dt 4:32-34, 39-40 / Ps 33:4-5, 6, 9, 18-19, 20, 22 [12b] / Rom 8:14-17 / Mt 28:16-20

*"Blessed the people the Lord has chosen to be his own."  
(Ps 33)*

### Gospel Meditation

Let God be who God is. This is often one of the hardest things to do. Rather than allowing the mystery of being created in the image and likeness of God unfold and take root in our lives, we change the dynamic. We want to be the creators who want to make God into the image and likeness we need God to be. We have a hard-enough time letting the people in our lives be who they are. We struggle even more so with God. It is almost as if we want God to be our imaginary friend who is not only with us whenever we need but becomes the Being we need God to be. Who is it that we want God to be today? A protector, disciplinarian, champion for justice, healer, advocate for our cause, grantor of prayers, guardian of my life, or the avenger? Our prayers tell an interesting story. When you pray, what does God look like?

Recently, a young woman who was feeling invisible, overlooked, ignored, and misunderstood by her husband struggled to make her feelings known and get his attention. Finally, she screamed, "Listen to me!" Thus, birth was given to a renewed and healthier relationship. We spend so much time storming heaven with our agenda and trying to make God into a "god" of our desires that we do not hear God saying, "Listen to me!" God is desperately trying to get our attention. God is saying, I am here among you as not one but three, Father, Son, and Holy Spirit. Many people seldom notice God's presence because they are so caught up with other spiritual cares and concerns. And, when the "god" they fashion and create doesn't produce as they desire, they shake the dust from their feet and move on. "I tried," they exclaim, "but God didn't listen."

Healthy relationships aren't built on making someone be who we need them to be. Healthy relationships are built on encounters of persons and the development of an appreciation of someone solely for who they are. Deeper relationships can even be found with two people marveling at each other and almost experiencing a childlike joy and giddiness when they see the other coming. Do you ever have these feelings about God? Believe it or not, God does for you! There is a joyful laughter that gives rise to and connects all three members of the Holy Trinity. It is this laughter, flowing from the very depths of the Godhead that not only keeps the Trinity in joyful unity but spills over into the creation of all beings and things. It is an expression of Divine Delight! Have you ever taken time away from your agenda to experience the Divine Joyfulness of God?

We can reach a connection of Presence wherein even the smallest of creatures suddenly radiate the fullness of God: the wonderful creation of their being, the innocence and playfulness of their movements, and the sustaining life breath that flows through their veins. The same God who created the heavens and the earth is the same God who wants you to call him 'Dad' and the same God who preserves your life and has all things in His care.

### Scripture Reflections

#### First Reading

In the closing remarks of the speech delivered to the Israelites in the desert, Moses reflects on God's fidelity and love for them. In return for God's favor, the Israelites are instructed to keep God's statutes and commandments. Why do you think so many people are resistant to this divine expectation?

#### Second Reading

Paul sees the Holy Spirit as integral to our identity as "children of God" and "joint heirs with Christ." How do you sense our Triune God at work in your life?

#### Gospel

We hear today the closing words in the Gospel of Matthew — Jesus' final commissioning of the disciples to evangelize and baptize in the name of the Father, Son, and Holy Spirit. What insights to the nature of God does this divine relationship offer?



At St. John the Baptist Parish,  
we welcome all  
as members of  
the Body of Christ.

### Memorial Day

**Mass and Office Closure**  
May 31, Monday

Memorial Day Mass will be at 10am. There will be no 8:15am Mass. The Parish Office will be closed in observance of Memorial Day. Have a safe holiday.

### Altar Server Training

June 5, 10:30am - Noon, Church  
Contact: Barbara Bowden  
916-837-1605, bowden5@pacbell.net

Training for existing and new Altar Servers.

### Praise and Worship

June 8, Tuesday, 6:30 pm  
Contact: David Brauer  
dabrauer@hotmail.com

Join us for an evening of inspiring music and powerful prayer with Praise and Worship! We will be streaming live on the St. John the Baptist Facebook page via Facebook Live. All are welcome!

### Camp Pendola Family Camping

Contact: Jennifer Campbell  
jcampbell@scd.org or 916-733-0135

During July we are opening Camp Pendola in Camptonville for families to enjoy. Family Camping will be open Tuesdays – Sundays from July 6 – August 1 for families to rent a cabin and will have access to the various activities at Camp Pendola including archery, the pond, the chapel, and the arts and crafts area. Equipment will be checked out by our staff and meals will be prepared for families to enjoy in our outside dining areas. And families can receive guided hikes or trips to Bullards Bar Lake to enjoy a day trip out of camp. And on Friday nights through Sunday afternoons, we will offer socially distanced programming including Mass and a Movie night under the stars. Find pricing and get more information at [www.pendola.org/family-camp.html](http://www.pendola.org/family-camp.html) or by contacting Jennifer.

### Religious Education

Contact: Shannon Langer  
916-985-7338  
slanger@folsomcatholic.org

Registration is OPEN! You can pick up a packet in the parish office or online at [folsomcatholic.org](http://folsomcatholic.org) under “Religious Education”. You may also pay on the same site! Remember that two years of sacrament prep are needed for Eucharist and Confirmation.

### We Need You!

When considering whether or not to volunteer as a catechist, it’s good to contemplate the Spiritual Works of Mercy. “Today more than ever we need men and women who, on the basis of their experience of accompanying others, are familiar with processes that call for prudence, understanding, patience and docility to the Spirit” (Joy of the Gospel, 171, Pope Francis) As a catechist, you model how to “bear wrongs patiently” when you try not to be critical; when you overlook another’s mistakes and assume the best of others. It’s a declaration of love for Jesus, for our younger brothers and sisters (and their families) in a world full of anger, violence and retribution. Help us build the Kingdom of God on earth! Training and support provided. Contact Shannon Langer.



Charles Lwanga was born in Uganda in 1865. In 1879, when Catholic missionaries arrived in the country, their strong witness inspired Lwanga to convert to Catholicism. While serving as chief page at the court of King Mwangi, Charles

raised the ire of the king by instructing the younger male pages in Christianity as well as protecting them from the king’s sexual advances. For refusing the king’s demand to renounce their faith, St. Lwanga and a dozen companions (ages 13 to 25 ) were burned to death at Namugongo on June 3, 1886. Their sacrifice sparked the growth of Christianity, now the dominant faith in Uganda. The entire country celebrates the June 3rd feast of the courageous martyrs who give youth an example of how strong faith can be and what people have gone through to show that they have great faith in God. Canonized by Pope Paul VI in 1964, St. Charles Lwanga is the patron saint of African youth.

# P R A Y E R

## Mass Intentions

### Sunday, May 30th

7:30am Adam Perez (*birthday*)  
 9:00am Christopher Kovarik (*healing*)  
 11:30am Howard Lowenkron†  
 6:00pm Irene Tavarez

### Monday, May 31st

10:00am Tagumpay Nagano†

### Tuesday, June 1st

8:15am Haid Mazari Family

### Wednesday, June 2nd

8:15am Sergio Rico (*birthday*)

### Thursday, June 3rd

8:15am Lydia Nagano†

### Friday, June 4th

8:15am Andrew Bower†

### Saturday, June 5th

5:00pm Paulinamiae Miranda

## Observances

### We Celebrate This Week

**Mon:** The Visitation of the Blessed Virgin Mary, Memorial Day

**Tue:** St. Justin

**Wed:** Sts. Marcellinus and Peter

**Thu:** St. Charles Lwanga and Companions

**Sat:** St. Boniface

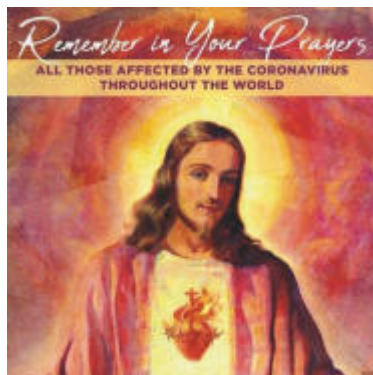
### May is Dedicated to: The Blessed Virgin Mary/Our Lady

## Pope Francis'

### Monthly Intention for May

#### The World of Finance

Let us pray that those in charge of finance will work with governments to regulate the financial sphere and protect citizens from its dangers.



## Intercessory Prayers

### Prayers for the Sick

*We pray for our sick parishioners, family and friends, and those in need of healing of the body and soul.*

Adelina Zendejas	Lora Iliff
Christopher Kovarik	Lucy Tran
Edberado Madueno	Marelou Montemayor
Elfega Larsen	Margarita Garcia
Evelyn Ronquillo	Maria Garcia
Eusebio Santos	Marites Brooks
Gloria Bladel & Family	Mark Penman
Jocelyn Patio	Minh Davis
Joe Bierek	Randy Elliot
Joseph Cardenas	Raul Martin
Joshua Weidinger	Robert Coughlin
Karen Bookey	Sheila Montemayor
Kimanh Davis	Silda Galang
Lance Costa	

### Prayers for Our Troops

*We pray for our military personnel abroad and at home, and for their families.*

Michael Dalupan

### Prayers for the Recently Deceased

*We pray for the souls of all who have died, our family members, friends, and parishioners. May they rest in peace.*

Agrifino Angeles	Luz Villamil-Hoyt
Andrew Bower	Madeline Easton
Anita Rivera	Maria Di Costanzo
Bob McIntyre	Marilyn Dorr
Caridad Montemayor	Nona Piha
Carlos Henriquez	Norma Aley
Charlotte Hughes	Paul DuPont
Doris Hodge	Richard Legget
Elena Aquino	Romeo Vasquez
Eli Marquez	Sonny Lasoya
Hilarion Aspera	Steve Beneto
Jong Nam Han	Therese Brelivet
Jose Alfredo Aspera	Thomas Lazore

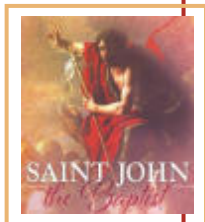


## Prayer Requests

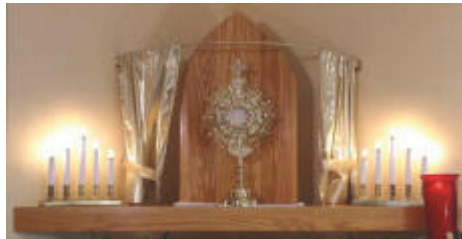
Prayer requests for the sick, military or recently deceased may be made by calling our Parish Office. Names will appear for four months.

O God,

You raised up St. John the Baptist to prepare a perfect people for Christ. Fill Your people with the joy of possessing His grace, and direct the minds of all the faithful in the way of peace and salvation. Grant that as St. John was martyred for truth and justice, so we may energetically profess our Faith in You, and lead others to the Way, the Truth, and Eternal Life. Amen.



At St. John the Baptist Parish, time in conversation with our Lord is at the center of our lives.



### The Adoration Chapel

The Adoration Chapel is closed until further notice

Adoration has been moved to the Church

**Eucharistic Adoration : First Friday of every month, 9am to 7pm**

A link to an Adoration Video (50mins) is located on our website.

Scroll down to midpage and click on "Spend Time..."

A YouTube video will pop up to play the video.

Another Adoration Video (30mins) is also posted and pinned on our Facebook page.

A Facebook account is not necessary to view.

Once on our Facebook page click on the Monstrance picture to start the video.

[www.facebook.com/FolsomCatholic](http://www.facebook.com/FolsomCatholic)

### Live Stream Mass

[scd.org/coronavirus/livestream-mass](http://scd.org/coronavirus/livestream-mass)

Please visit the Diocesan page. It lists Parishes which are currently live streaming Sunday and Daily Masses.

### Respect Life Ministry

**40 Days for Life "365"**

2322 Butano Drive, Sacramento

Contact Wynette Sills, 916-955-1577

[40DaysForLife.com/Sacramento](http://40DaysForLife.com/Sacramento)

May the Holy Spirit open eyes and hearts to the humanity of children in the womb. Help Save Lives in Sacramento! Come and see what miracles God has planned for you! Our focus is Tuesdays, 8am-4pm busy surgical abortion days.

Carpool from St. John's on Tuesdays, 1pm -3pm. Contact Joanne Dudgeon, 916-607-2228

### Church Hours

#### Monday - Friday

The church will remain open for those who would like to pray before the Blessed Sacrament from 8am-4:30pm.

#### Saturday - Sunday

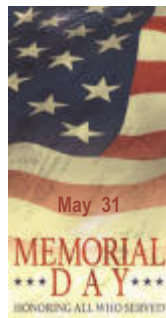
On the weekends, the church will be open from 7am-6pm.

**Please wear a mask and keep in mind your minimum 6ft social distancing**

### Confession

**Saturdays: 3 - 4:30 pm  
and by appointment**

Please note confessions at this time will still be offered but not in the confessional. We will be doing a face to face format in a larger setting in order to maintain the social distancing of 6ft.



*God our creator and sustainer, today our country brings to our memory those who have defended this nation in times of trouble.*

*They have sacrificed their lives to protect our shores from those who would limit our freedoms or enslave us to ways that are against your will.*

*Bring all those who have died in service to our country into your heavenly presence.*

*We humbly call down your blessing on those still serving;  
grant your heavenly protection to these men and women, and open your Sacred Heart to give them peace and comfort.*

*In the name of the Father, and of the Son, and of the Holy Spirit.*

*Amen.*



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## Summer Independent Online Scripture Studies

Contact: Lee or Teresa Weider  
916 983 8065 or laweider631@gmail.com

Our parish is offering a variety of individual online Scripture Studies for the summer. This is an opportunity for parishioners to continue to work on their faith journey during this time when we can't easily get together. Study at your own pace and in your own home with online classes from Ascension Press, Augustine Institute and St. Benedict Press. The available studies include the following -

- The Gospel of John (8 weeks)
- Bible Timeline (both the 8 week study or 24 week study)
- St. Paul Letter to the Romans (8 weeks)
- Walking Towards Eternity (8 weeks)
- Lectio Eucharist (10 weeks)
- Lectio Peter (10 weeks)
- Lectio Mark (14 weeks)
- Kingdom of Happiness (8 weeks)

We have reduced the suggested donation to \$20 for each study (which includes a workbook and access to the online video study) to help clear out excess inventory and provide a little financial relief to parishioners. Please call Lee or Teresa Weider if you are interested or have any questions on the studies. We'll provide the details on how the studies will work and how to get the workbook. Have a great summer, stay safe and God Bless you all.

### Youth on a Mission Teen Discipleship Training

June 22 – 25, 2021

[www.norcalcatholicyouth.org](http://www.norcalcatholicyouth.org)

Contact: Jennifer Campbell  
[jcampbell@scd.org](mailto:jcampbell@scd.org) or 916-733-0135

High School aged teens are invited to join us for a 4-day discipleship training camp. YOUTH on a MISSION is for Catholic teens who are ready for the next step in their development as disciples and leaders in the church. During YOAM, youth will encounter Christ, learn practical skills for servant leadership, discover God's call to evangelize, be encouraged to serve in leadership in parish life and be challenged to take the next step in their discipleship. Start on your mission! Register by June 1, 2021. Check the YOAM website for more detailed information.

## RCIA

Contact: Shannon Langer  
916-985-7338  
[slanger@folsomcatholic.org](mailto:slanger@folsomcatholic.org)

Are you interested in being baptized or in becoming Catholic? RCIA is for you! We are beginning a new group shortly, so please contact us now. Please call or email Shannon Langer, Director of Religious Education.

## God Doesn't Take a Break

An acquaintance who works in church ministry once told me a story about one of the students she had in Faith Formation. This student informed my friend that his family doesn't come to Mass in summer. "God takes a break in summer, and so do we," he said.

There's a lot to unpack here. First, it's tragic to think of anyone voluntarily missing out on the Eucharist for so long. It's also a real problem in the church today that a lot of our folks don't understand the beauty of the Sunday obligation. But if I had to dissect this situation and pinpoint the thing I find most troubling, it's the idea of God taking a break.

I hope it's starting to look like summer where you are. We've still got a few weeks left before it's official, but the school year should be winding up for most kids, the birds should be chirping a little louder, and hopefully your lawn is starting to green up nicely. You're probably daydreaming about the annual cabin getaway weekend or waterskiing on the Fourth of July.

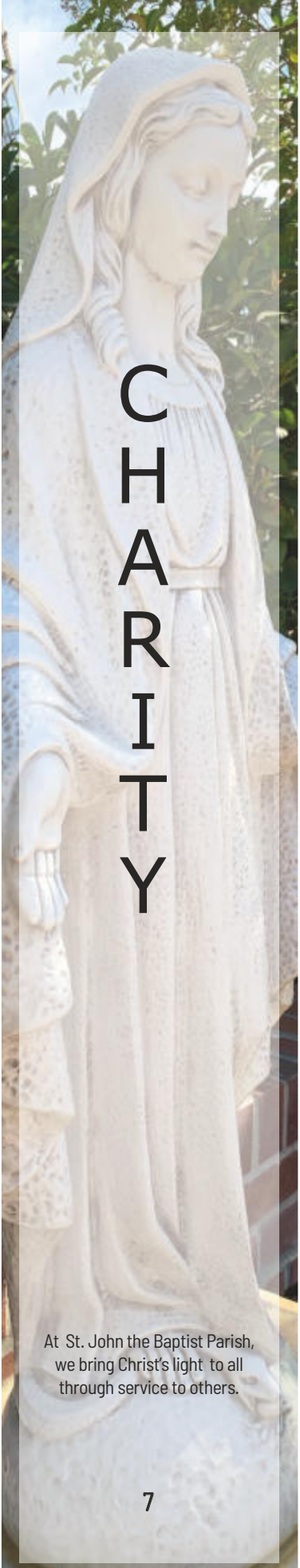
All in all, summer is going to be a nice break, even if — like typical Americans — our break is full of productive work.

Thank God — literally — that He doesn't take a break, even if we do. Can we try to remember that, even in the midst of our many wonderful distractions? Let's enjoy this summer. Let's live it to the full. But let's see it for the gift that it is — and remember the thanks we owe the Giver.

~ Tracy Earl Welliver, MTS

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At St. John the Baptist Parish,  
we foster a  
commitment to lifelong  
spiritual growth.



At St. John the Baptist Parish, we bring Christ's light to all through service to others.

### St. Vincent de Paul News/Happenings

Contact: Mercy Knight  
916-985-4630

#### Helping Hands

We are happy to announce that we plan to fully reopen our food pantry and clothes closet on Wednesday, June 2nd. We will resume our previous schedule: Monday, Wednesday and Friday from 9 a.m. to noon. Safety guidelines will be in place i.e. masks, safe distancing, etc.

#### Raffle Tickets

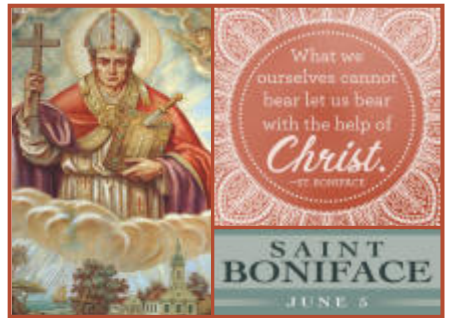
Lastly, you can also support St. Vincent de Paul by purchasing a raffle ticket for a trip to Hawaii. The trip includes air fare for two, a \$400 car rental voucher and a \$500 American Express Gift Card. Drawing will be held on June 15th. Winner does not have to be present to win. Tickets are \$10 each and this year 100% of the proceeds from the sale will remain in our conference. Ticket sales end at the end of this month. To arrange for purchase of tickets, please call Mercy Knight at 916-402-4104 or email to mk4177@sbcglobal.net. Thank you for your support.

We are grateful for your continued support of those in need of help with rent, utilities, food, clothing and other needs. May God bless you and your families.

#### Blood Drive w/ the American Red Cross

June 4, Friday, 8:30 am – 2:30  
St. Mary Funeral Center  
6509 Fruitridge Road, Sacramento

The need for blood is constant. Only volunteer donors can fulfill that need. Nationwide, someone needs a unit of blood every 2 to 3 seconds. Locally, someone needs your help! To schedule your appointment please call 916-840-2138 or visit [cfccsacramento.org/events](http://cfccsacramento.org/events)



### 2nd Collection

This weekend, the fifth Sunday of the month, the second collection will be for St. Vincent de Paul. Donations will be used to provide financial assistance and to purchase food for our families. We also welcome gifts of time and talent. If you are interested in volunteering, please contact us at Helping Hands, 916-985-4630.

### Stewardship of Treasure the Lord Has Entrusted to Us

Weekly goal: \$25,529.00  
Weekly Offerings:

May 22/23 \$17,037.50

#### Our Sincere Gratitude

Thank you to those who have been so generous to the parish with their contributions. If you are unable to attend Mass, please use online giving or your weekly envelopes can be mailed to the parish office. If you are interested in using our online giving, don't hesitate to call Kashmir for help at: 916- 985-2065 ext.17.

### Inspiration for the Week

The immensity, scope, intimacy, and pervasiveness of God's presence is too intense for the human mind. We often limit God by our expectations of Him and have a hard time just letting God be God. Some people all too easily lose faith because God does not meet their expectations. Worse still, the idea of faith is rejected altogether by others because of polarities and experiences they have that don't square with who they need God to be. The Holy Trinity is one of those teachings that is best encountered rather than dissected. It is only through being present with the Trinity that we can experience both the immensity and otherness of God's presence as well as the intimacy of the God who wants us to call Him "dad." We feel the loving guidance of a God who wants to take us from fear and give us confidence. Our God of yesterday, today, and tomorrow is a God of all ages whose three-fold Presence invades all senses, seasons, and times. God, who is Father, Son, and Holy Spirit, is much more than any of our expectations if we simply let God be who God is.

## Sharing the Gospel

As the disciples ate with friends, traveled, worked, shopped, and made new friends, they were to have one goal in mind—help more people follow Jesus. Baptize them in the name of the Father, the Son, and the Holy Spirit. Teach them to love God and love each other. Teach them to have mercy and forgive each other. Teach them to be humble. Teach them to pray. Teach them to share. And teach them to tell the people they met how to follow Jesus, too.

### Mission for the Week

When we read the Gospel, Jesus teaches us about the Father. What have you learned so far about the Holy Spirit? Using the concordance found at the back of your Bible, look up "Holy Spirit." As a family, write down the verses, find them in your Bible, and read them out loud. Talk about each verse. If you have any questions, write them down and ask your pastor or teacher for help.

### Read the Gospel and Color

Mt 28:16-20



### Puzzle

Find and circle these words from today's Gospel

AUTHORITY	MOUNTAIN	BAPTIZE
ELEVEN	GALILEE	TEACH
DISCIPLES	NATIONS	ALWAYS

A	J	E	G	S	U	L	E	T	F	A
N	U	D	B	A	P	T	I	Z	E	R
E	R	T	N	E	L	D	O	H	S	D
H	O	E	H	M	T	I	W	N	T	I
I	S	A	D	O	S	C	L	P	H	S
E	N	C	X	U	R	T	D	E	A	C
L	Y	H	E	N	A	I	G	H	E	I
E	T	I	N	T	J	E	T	I	H	P
V	M	G	P	A	L	W	A	Y	S	L
E	A	C	E	I	M	N	F	T	H	E
N	P	O	L	N	A	T	I	O	N	S

### Prayer

Dear God, help me to teach my friends how to love and follow you—Father, Son and Holy Spirit. Amen.

"Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these."



Our parish is enriched with many ministries, please consider learning about and engaging in one or more of our ministries. Call the contact listed or see a Minister of Hospitality after Mass.

## Welcoming Ministries

### Communications Ministry

Parish Office, 916-985-2065

### Ministers of Hospitality

Shannon Bleeker, 916-200-8059

### New Parishioner Welcoming Ministry

Lori Hopper, 916-337-0139

### Ushers

Stanley Posis, 916-705-9192

## Prayer Ministries

### Companioned Prayer

Bill Stobbe, 916-505-3800

### Divine Mercy Devotion/Cenacle

Zoanne Tafolla, 707-333-7359

-Chaplet/Rosary/Morning Prayer

-Divine Mercy Chaplet/Mass

-Cenacle - Zoanne Tafolla, 707-333-7359

-Cenacle-Spanish - Ana Haid, 916-956-1177

### Eucharistic Adoration

Veronica Thomas, thomas\_vera@yahoo.com

1st Friday of the Month - 9am - 7pm, Sign Up for adorers is in the vestibule

### Marian Cenacle (Marian Movement of Priests Cenacle)

-English - 1st Saturday of the month

Sally Gomez, 916-693-2411

-Spanish - 2nd Wednesday of the month

Ana Haid, 916-956-1177

### Our Lady of Fatima

Henry Altamirano, 925-899-7769

## Spiritual Growth Ministries

### Adult Scripture Study

Lee & Teresa Weider, 916-983-8065

### Couples for Christ

Myrah Empleo, 661-993-4721

### Praise & Worship

Sheila Fitzpatrick, 925-437-0798

### Religious Education

Shannon Langer, 916-985-7338

### Rite of Christian Initiation for Adults (RCIA)

Debbie Duncan, 916-798-0201

### Theology on Tap

Aaron Santos, 916-985-2065

### WINGS (Women in Growth Spiritually)

Sue Collins, 916-337-6237

### Youth/Young Adults Ministries

Aaron Santos, asantos@folsomcatholic.org

## Parish Committees/Councils

### Finance Council

Joyce Starosciak, 916-740-4628

### Liturgy Committee

Barbara Bowden, 916-984-9476

### Pastoral Council

## Outreach/Charity Ministries

### Bereavement Hospitality/Receptions

Nina Pucci, 916-947-6386

### Catholics for Life

Kathy Baxter, 916-337-6824

### Gabriel Project

Debbie Sultan, 916-337-5786

### Grace Quilters Ministry

Catherine Scott, 831-402-4681

### Grupo Pastoral Hispano

Anna Haid, 916-956-1177

### Knights of Columbus

Dick Phelan, 916-221-0596

### Pastoral Care Ministry

Dan Dunne, 916-817-1675; Sunday

Candice Ralston, 916-806-8090; Tuesday

### Prayer Shawl Ministry

Catherine Scott, 831-402-4681

### Prison/Restorative Justice Ministry

-Folsom Prison - Fr. H. Gomez, 916-985-2561 x 4206

-CSP Sacramento - Greg Mellor,

Catholic Chaplain, 916-985-8610 x6425

### School Ministry (St. John Notre Dame)

Keith Martin, Principal, 916-985-4129

### Senior Visitation

Charlene Agles, 916-984-9602

### St. Vincent de Paul (Helping Hands)

Mercy Knight, 916-985-4630

## Liturgical Ministries

### Altar Servers

Hugo Schmidt, 916-817-4541

### Children's Liturgy during Mass

Shannon Langer, 916-985-7338

### Extraord. Ministers of Holy Communion

Steve & Maryanne Ashley, 916-479-2214

### Lectors

Patti Midtlyng, 916-837-8322

### Liturgical Environment

Arlette Peterson, 916-220-5968

Music - See choir director after Mass.

## Additional Ministries

### Children's Babysitting at Mass

Georgia Oatmeyer, 916-201-3193

### Family Fellowship

Carol Stephenson, 916-952-6744

### Gift Shop

Connie Aley, 916-984-9284

### Women's Game Day

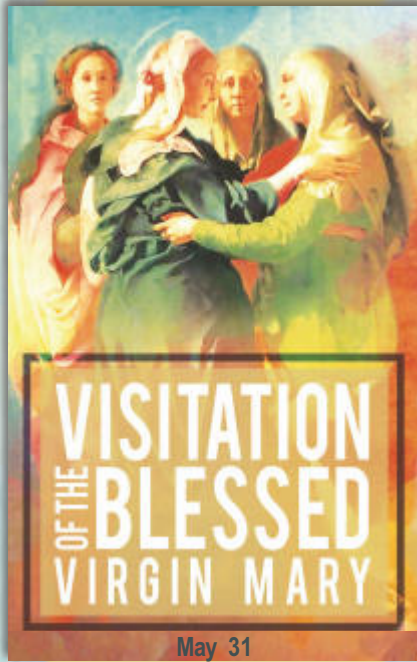
Roberta Puzio, 916-933-2561

Please send ministry updates and corrections to  
Loreen McMahan, mcmahan510@comcast.net.

# MINISTRIES

"Here am I, Lord;  
I come to do your will."

## Mary, Elizabeth & Friendship



What does a 2,000-year-old girl talk and look like? The Gospel tells us in the story of the Visitation, recorded in Luke Chapter 1. This week, we celebrate that special feast when Mary visits Elizabeth. So what can women learn from this friendship?

**Help a sister out.** The Visitation involves a first-trimester mother traveling cross-country to serve a friend. Who needs your help this week?

**Affirm each other.** Elizabeth's first words were ones of encouragement. We may know our friends' flaws, but we don't need to fixate on them.

**Sing out loud.** Mary ends their encounter with the Magnificat, one of the most celebrated song-prayers of Scripture. Celebrate with your friends! Rejoice over each other's blessings.

### The Magnificat - The Prayer of Mary

*My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Savior for he has looked with favor on his lowly servant.  
From this day all generations will call me blessed:  
the Almighty has done great things for me, and holy is his Name.  
He has mercy on those who fear him in every generation.  
He has shown the strength of his arm, he has scattered the proud in their conceit.  
He has cast down the mighty from their thrones, and has lifted up the lowly.  
He has filled the hungry with good things, and the rich he has sent away empty.  
He has come to the help of his servant Israel for he remembered his promise of mercy,  
the promise he made to our fathers, to Abraham and his children forever.*

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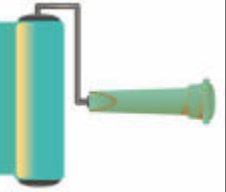


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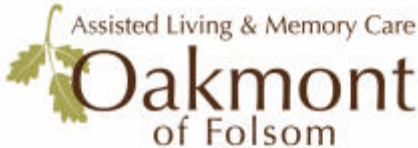
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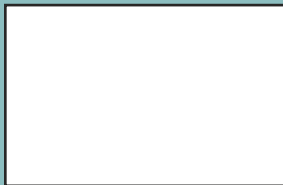
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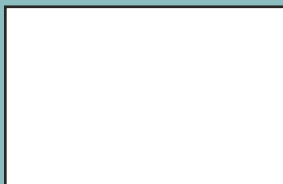
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